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Tree Leaves Folk Fellowship is an organization that is the brain child of Thomas Baurley. He is proactive in his research of ancient ways, the world over, his focus on Native Plants and Herbals will be shared with Indian Voices. This is one voice that is reawakening the modern world to ancient tradition and we are pleased to share his work and links with you. The following is an excerpt from his home page on www.treeleavesoracle.org (<http://www.treeleavesoracle.org>)/treelore

Welcome to our online Compendium of Plants, Herbs, and Trees: Focusing on the botanical lore, mythology, and information about the green species on this planet

This has been a project in the working of over 20 years in different evolutions from paper to cyber formatting dealing with crashed servers, websites, and directories. Starting in 2012, we've decided to go by means of the WordPress blogging technology to present to you our explorations, discoveries, and research.

This is a research and photography project compiled together by the creative talents of the adventurers and explorers who are [Technogypsie Productions \(http://www.technogypsie.com/\)](http://www.technogypsie.com/), the [Tree Leaves' Folk Fellowship \(http://www.treeleavesoracle.org/\)](http://www.treeleavesoracle.org/), the [Tree Leaves' Oracle \(http://www.treeleavesoracle.org/\)](http://www.treeleavesoracle.org/), and the



(http://www.indianvoices.net/174-medicine/tree-leaves-oracle-by-thomas-baurley)



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adventuring seamen (and women) at [Pirate Relief \(http://www.piraterelief.com/\)](http://www.piraterelief.com/). If you like what you see and want more, we strongly recommend that you donate to our project, visit our advertisers, or support our group by using their services, products, or literature.

Within these pages you'll be introduced to various trees, plants, and folklore by our resident researchers and photographers Leaf McGowan, Eadaoin Bineid, Thomas Baurley, and Jenni Chaney.

Enjoy!



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(LINK (/IMAGES/2022/IV_MARCH_2022.PDF))



OUR 36TH YEAR

MULTI-CULTURAL NEWS GLOBAL NETWORK

MARCH 2022

INDIGENOUS CULTURE WARRIORS

Using Music, Art, Dance and Culture As a Weapon

Change is a constant movement in life. As we go through life we learn that the earth is based on impermanence.

This truth can be seen through the cycle of nature. So why do we hold on to things that are transitory? Things that are important to us today may not be so important in ten years or tomorrow.

This knowledge is one of the greatest wisdom in life. Living in the present moment, not in the past and not in the future, but right here and now. Fear, anger, desire, and greed are the key reasons that prevent us from being present and knowing that we are right here and now. Even when it seems like we don't. It's all how we view and face the obstacles in life. No matter what race, we still have these human conditions. That's why the spiritual essence is important to be tapped in, especially in this present moment and frequency.

Art, music, food, dance and culture is our key to continuation in life handed



down from our ancestors to us for our children's children. Remember we are the griots, the keepers of Mother Earth's knowledge. We play music without knowing how to write or read music. This sacred art has been handed down by our ancestors throughout the ages. The sacred key of life that has been

handed down through the frequency of our songs, textiles, beadwork, pottery. We can see it in Ghanaian adinkra symbols, the whole Kemet culture, Olmec heads and many more ancient treasures that have been stolen or destroyed.

In the age of technology, our children have learned about the unjust and brutal lies of his-story and not our-true-story as well as the incredible ways of knowing from our brilliant ancestors. We must continue to rise, nothing can stop us melanated people. We were built with resilience.

The honorable Marcus Garvey said, "A people without the knowledge of their

if those who are in arrested development emotionally, culturally, economically and spiritually due to the trauma of being disproportionately affected by racism,



music song and use it to share, empower and reconnect to freedom of the ongoing psychological assault with increased self awareness, self

past history, origin and culture is like a tree without roots".

Beloved family, spend more time outdoors, as our parents and our ancestors did. Go to the ocean to mother Yemonja.

Go to the mountains and sit by a river or waterfall and commune with Oshun. Breathe in fresh air and walk on earth and continue to heal yourself. Unless we take care of our precious body, our temple, we won't be able to function to our fullest. Our health is our wealth. Go back to the ways of our ancestors by saving your seeds and growing your food. For longevity, we have to go forward with breathing and exercising, including Egyptian yoga. In these times of confusion, white supremacy, high blood pressure and anxiety, slowing down to meditate is a must. Remember you are what you eat and you become what you think.

Love yourself not in a selfish way, but to heal your body temple. Lastly, always keep this with you: what somebody thinks about you is none of your business. Stay Black until we get back.

Asante, Ase, ase,
Makeda Ori Cheatom

The Importance of Art in the Black Community of San Diego

by Clovis Honore



The heart, soul and history of a people is found in the cultural expressions that last. Write a book. Paint a mural. Create a musical piece. These artistic threads of our lives that are weaved into the tapestry of the community in which we live will describe and define who we have been, who we are now and who we strive for ourselves and our children's children to be.

Whether out of the deep and abiding love that family and neighborhood instill in our hearts, or the pain and anguish of system of oppression we endure and overcome, these profoundly spiritual expressions of both self and surroundings give texture, depth and hue to our being and resonate throughout our environment and far beyond.

These culturally sensitive revelations will be found in color and silhouette on

The Urban Warrior

by D A Blevins

Dajahn A. Blevins the CEO of SD



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Urban Warriors Inc. and Artistic Director of the Black Art Culture District is calling for a greater appreciation of human affirmation, traditional culture, art and heritage being used to empower resilience, heal and create new opportunities for creative youth family and community development.

Going forward on the concept of "IF"

acculturation, genocide and classism. To use traditional culture, art and heritage is a great way of connecting, belonging and rejuvenation. IF Native and Black Americans increase their appreciation demonstration and love for their traditional dance



determination, and history. The power of IF We just show up is how my my brother Max Moses puts it and I agree. IF we as a people who were lied to, oppressed and displaced just show up for the work of healing, we would be healed.

will be found in color and silhouette on the walls, in the dress, through the windows, in the street art and conversations of the residents all around the community, from the baby rocking back and forth with the rhythms of of the day, to the youthful couple sharing the rhythms of their heartbeats in contemporary attire, to the elders walking together down the street for the thousandth time.

Art is culture. It is who we are.



Ral Christman Sr.

A Bird Singer for the People

by Alastair Mullholland

Bird Singing predates colonialism and, despite the persecution of its practitioners, has

persevered to this day as a spiritual tradition of Kumeyaay and other Native American nations. Bird Songs are 1000's of years old and come straight from the creator, they are not composed, and they

SEE Bird Singer, page 4



90 year old Queen Mother Kathleen Harmon



See pages 8 & 9 for Kuumba Fest Celebration photos

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